Sublingual Immunotherapy in the US circa 2014

• SLIT Efficacy has been established i.e. proof of concept **but**
  • Effective dose and dosing regimen known for most US licensed allergen extracts?
  • Because a consistent relationship between dose and efficacy has not been established **each formulation must demonstrate its effective dosing regimen**

• SLIT appears to be safer than SCIT and home administration is the standard of SLIT care in Europe
  • But adverse reactions may occur
  • Prescribing physicians should prescribe appropriate instructions: treatment of AEs, when not to administer, etc.
  • Monitor adherence, provide instructions
  • Should obtain informed consent including off-label status if using product not FDA-approved for SLIT
  • Adherence may be as problematic as SCIT-need strategies to improve